

Antiparkinsonian drug doses and neuroleptic receptors

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Summary. The clinical potency of 3 drugs, apomorphine, N-propylnorapomorphine, and bromocryptine, have been found to be closely correlated to their potencies in competing for ^3H -haloperidol and ^3H -spiperone both of which label the dopamine receptor. This correlation indicates that the direct binding assay may be used to predict clinical potencies of anti-parkinsonian drugs, and indicates that agonists as well as antagonists compete potently for ^3H -neuroleptic binding.

There are now 3 radioactive ligands which meet the criteria for identifying brain dopamine receptors. These are ^3H -haloperidol²⁻⁵, ^3H -spiperone⁶⁻⁸ and ^3H -dihydroergocryptine⁹⁻¹⁰, the latter employed in the presence of excess phentolamine. The ^3H -dopamine^{3,11,12} and ^3H -apomorphine¹³ radioligands themselves, however, do not seem to meet all the criteria. For example, although ^3H -dopamine and ^3H -apomorphine reveal saturable sites which have high affinity^{13,14} and which are found in dopamine-rich regions of the brain, their binding is not inhibited by dopaminergic agonists or antagonists at concentrations which correlate with the pharmacological potencies on a dopaminergic response. In order to explain these observations, therefore, it has been suggested that ^3H -haloperidol might label the antagonist conformation state of the dopamine receptor while ^3H -dopamine labels the agonist conformation, a so-called 'two-state' hypothesis.

This communication considers a simple hypothesis which is based on the dopaminergic antiparkinsonian drug doses;

namely, that the 2 high affinity sites for ^3H -dopamine and ^3H -neuroleptic are separate and noninterconvertible entities, and that the high affinity ^3H -neuroleptic site is probably the classical post-synaptic receptor with relatively low affinity for dopamine.

Materials and methods. Binding assays were done on calf caudate homogenates. The fresh caudate tissues were homogenized in 10 vol. of ice-cold TEAN buffer (15 mM Tris-HCl, pH 7.4, 5 mM Na₂EDTA, 1.1 mM ascorbate and 12.5 μM nialamide), using a Teflon-glass homogenizer (0.16 mm clearance; 500 rpm; 15 up-down strokes). This homogenate was incubated at 37 °C for 1 h, subdivided into 200 mg wet tissue per vial, and stored frozen at -20 °C for periods of up to 3 months. Immediately before the assay, the 200-mg sample was thawed and centrifuged (15 min at 44,000 \times g) at 4 °C. The supernatant was discarded and the pellet was resuspended in 5 ml of TEAN buffer, using a ground-glass homogenizer (5 strokes by hand). The homogenate was then homogenized further using a Brinkmann

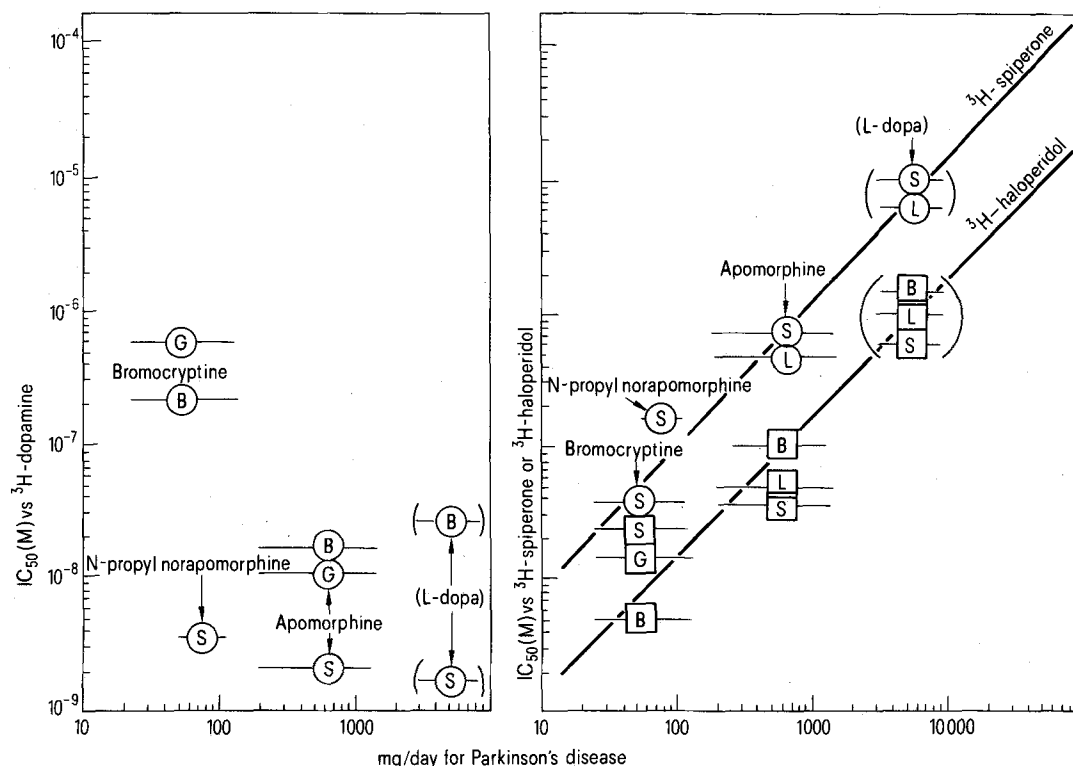


Fig. 1. Correlation between the clinical antiparkinsonian doses and the drug potencies for inhibiting the binding of ^3H -haloperidol or ^3H -spiperone, but not ^3H -dopamine.

The IC_{50} -values are the in vitro concentrations which inhibit binding by 50% in crude homogenates of rat or calf brain striatum. The IC_{50} -values labelled G are from Lew et al.²³ (calf for ^3H -dopamine; rat for ^3H -haloperidol), B are from Burt et al.¹⁴ (calf), L are from Leysen et al.⁶ (rat), while those labelled S are from this laboratory (calf; unpublished or from Seeman et al.¹⁵). The antiparkinsonian range of dosages are: apomorphine: 200–1400 mg/day, with a mean of 600 mg/day²⁴⁻²⁶; N-propylnorapomorphine: 60–90 mg/day²⁵; bromocryptine: 42 mg/day²⁷, 79 mg/day²⁸, 70 mg/day²⁹, 120 mg/day³⁰, 26 mg/day³¹, 26 mg/day³². Lergotril has not been included because it is not considered clinically effective³³. The standard clinical doses for L-DOPA are generally 3–9 g/day (without a DOPA-decarboxylase inhibitor). The IC_{50} -values are for dopamine in this case, not for L-DOPA. Rigorously, the data for L-DOPA should not be mixed with the data for dopamine since they are 2 different chemicals; however, dopamine is the active metabolite of L-DOPA and the main point is that this drug is weak both in vivo and in vitro.

Polytron (PT-10) at a setting of 7.0 (full scale=10) for 20 sec. The final protein concentration of the suspension was 1.1 mg ml^{-1} . For the binding assay, samples were added to a glass test tube ($12 \times 75 \text{ mm}$) as follows: $100 \mu\text{l}$ of 600 nM (+)-butaclamol or (-)-butaclamol (the final butaclamol concentration was 100 nM in the ^3H -haloperidol but $1 \mu\text{M}$ in the ^3H -dopamine assay⁸); $100 \mu\text{l}$ of buffer containing different concentrations of antipsychotic drugs: $200 \mu\text{l}$ of ^3H -haloperidol (6.4 nM , $9.66 \text{ Ci mmole}^{-1}$) or ^3H -dopamine (3.5 nM , $8.4 \text{ Ci mmole}^{-1}$) or ^3H -spiroperidol (10.5 nM , $26.4 \text{ Ci mmole}^{-1}$); and $200 \mu\text{l}$ of membrane

suspension. After incubation at room temperature ($20\text{--}21^\circ\text{C}$) for 30 min, 0.5 ml of the mixture was filtered (Whatman GF/B glass fibre filter, 2.4 cm), using a 600-mmHg vacuum, followed by washing with 5 ml of ice-cold TEAN buffer. The filters were monitored for ^3H by liquid scintillation. The stereospecific component of binding was defined as that amount of ^3H -haloperidol or ^3H -dopamine bound in the presence of (-)-butaclamol (inactive neuroleptic) minus that bound in the presence of (+)-butaclamol (active neuroleptic). Each experiment was done in sextuplicate, and each antipsychotic drug was tested at least 3 times,

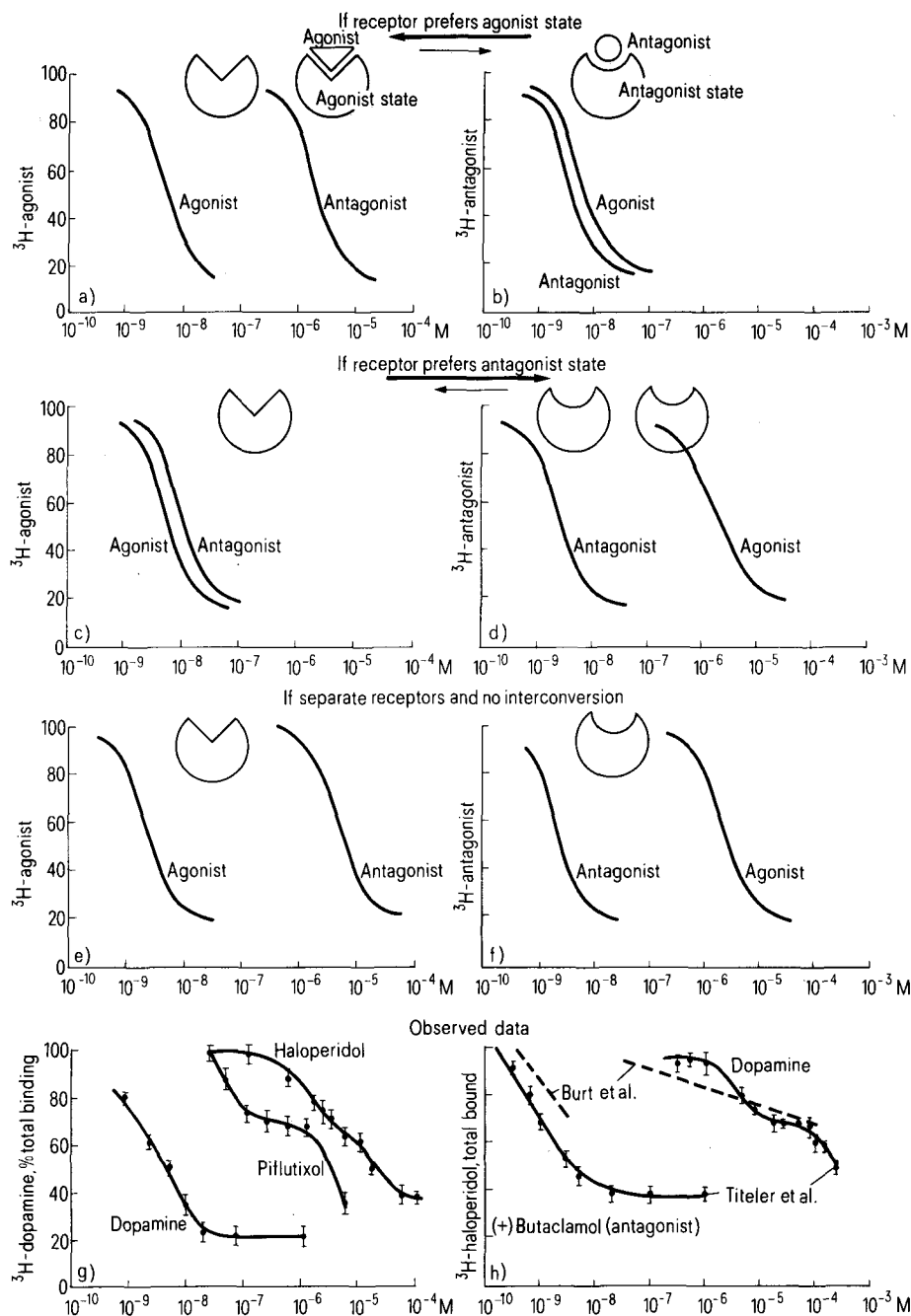


Fig. 2. *a* and *b* These competition curves represent the theoretical results obtained if the dopamine receptor exists in 2 interconvertible conformations, with the agonist state thermodynamically more stable. *c* and *d* The next competition curves (second from the top) represent the results that would be obtained if the receptor interconverts and prefers the antagonist state. Neither *a*, *b* or *c*, *d* resemble the experimentally observed competition data (section *g*, *h* at bottom). *e* and *f* (second from bottom): Here there is no interconversion of dopamine receptor conformations, but rather 2 separate, noninterconvertible sites. The expected data here do fit the experimentally observed competition curves (section *g*, *h*, bottom).

with most tested 9 times. The ^3H -spiroperidol assay was performed identically to the ^3H -haloperidol binding assay except that 0.5 nM was the final concentration of tritiated ligand.

Results and discussion. The concentrations of apomorphine and bromocryptine which inhibit the specific binding of ^3H -dopamine or ^3H -apomorphine by 50% (i.e., the IC_{50} -values) should at least correlate with their clinical dopaminergic antiparkinsonian potencies, according to the two-state hypothesis. This is not so, however, as shown in figure 1 (left). On the other hand, the IC_{50} -values for apomorphine, bromocryptine and N-propyl-norapomorphine against ^3H -neuroleptic binding do exhibit a crude correlation to their antiparkinsonian potencies (figure 1). Although it would be preferable to relate the IC_{50} -values to the unbound concentrations (in plasma) of these antiparkinsonian drugs, such data are not available.

Qualitative considerations are shown in figure 2. Figure 2, a and b indicate the competition results expected if the agonist conformation is the preferred state in the two-state model. Figure 2, a shows that the agonist would readily (i.e. in the nM region) compete with ^3H -agonist while the antagonist would less readily compete (i.e. in the μM region); this is because the agonist has no difficulty fitting the ^3H -agonist site while the antagonist poorly 'fits' the ^3H -agonist conformation. Figure 2, b shows that the antagonist has no difficulty competing with ^3H -antagonist, and that the agonist also has no difficulty displacing the ^3H -antagonist because the receptor 'prefers' the agonist conformation. Figure 2, c and d shows results expected if the antagonist shape is preferred by the receptor.

The main point in figure 2, a-d is that, regardless which state is preferred by the receptor, one should not reasonably expect a low potency competition curve in both a and b or in both c and d. Apparently only a model wherein the receptors are separate and do not interconvert would be expected to reveal such a condition. This is shown in figure 2, e and f. Figure 2, e illustrates that the agonist readily competes with ^3H -agonist while the antagonist does not; figure 2, f shows that the antagonist easily displaces the ^3H -antagonist but the agonist does not. The results observed experimentally^{8,14,15}, summarized in figure 2, g and h do match figure 2, e and f but not figure 2, a and b or figure 2, c and d.

Further evidence difficult to explain in the two-state model is the fact that (+)-butaclamol, a potent dopamine antagonist, and bromocryptine, a potent dopamine agonist, have identical binding properties^{8,10} when competing for ^3H -haloperidol and ^3H -dopamine sites. The results are readily accounted for by a simple model of separate receptors. It seems reasonable to postulate, therefore, that ^3H -dopamine or ^3H -apomorphine are tagging a site different from that labelled by the ^3H -neuroleptics.

This high affinity site for ^3H -dopamine, having a K_D of about 1 nM, does not appear to have properties expected of a traditional post-synaptic receptor according to the following considerations. a) In vitro physiological results on peripheral tissues generally reveal K_D -values in the μM concentration region for acetylcholine^{16,17} and noradrenaline^{13,18}, but not in the nM region. b) Dopamine receptors in *Aplysia* neurones have threshold actions in the μM range²⁰ rather than in the nM range. c) This apparent low affinity of dopamine and other neurotransmitters for their receptors (i.e. K_D -values in the μM region) may be reflected in the massive doses of transmitter precursors needed clinically to replete dopaminergic or serotonergic function with L-DOPA²¹ or tryptophan²². The synapse anatomy guarantees that, despite the high K_D , sufficient transmitter will reach the receptors; exogenous drugs must have, however, rather high affinities (with K_D values as low as 1 nM) in order to attach specifically to the receptor.

In summary, it is hypothesized that the ^3H -neuroleptic ligand (and not ^3H -dopamine) identifies the traditional type of post-synaptic dopamine receptor, that the value of about 1 μM for the K_D of the dopamine receptor (as measured using ^3H -neuroleptic) may be physiologically plausible, and that the dopaminergic antiparkinsonian drug doses may thus correlate with their potencies against ^3H -neuroleptic binding. If the hypothesis is valid, it would indicate that the high affinity site (K_D of about 1 nM) for ^3H -dopamine would identify some other receptor site in the neuroleptic, possibly the 'autoreceptor' postulated by Carlsson³⁴.

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